

# **Don't Sweat The Small Stuff For Teens: Simple Ways To Keep Your Cool In Stressful Times (Don't Sweat The Small Stuff Series) By Richard Carlson**

**By Richard Carlson**

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Don't Sweat the Small Stuffand It's All Small Stuff is a book that tells you how to keep from letting the little things in life drive you crazy.

77 quotes from Richard Carlson: 'Something wonderful begins to happen with the simple realization that life, like an automobile, is driven from the inside out, not

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Don't Sweat The Small Stuff For Teens: Simple Ways To Keep Your Cool In Stressful Times (Don't Sweat The Small Stuff Series)

Why We Shouldn t Sweat the Small Stuff The unflappable mom, the level-headed friend, the colleague who sails through tough projects, no sweat.

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2006) was an American author, psychotherapist, and motivational speaker, who rose to fame with the success of his book, Don t Sweat the Small Stuff

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