

# **The Skinny Spiralizer Recipe Book: Delicious Spiralizer Inspired Low Calorie Recipes For One. All Under 200, 300, 400 & 500 Calories By CookNation**

**By CookNation**

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You can use a spiralizer to make the following recipes: Zucchini Noodles Aglio et Olio Sweet Potato Crunchies. Don't miss out on the latest and greatest from Skinny

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Single Serving Soups & Pasta Sauces For Your Nutribullet. Delicious Spiralizer Inspired Low Calorie Recipes For One. All Under 200, 300, 400 & 500 Calories.

One of my favorite blogs for recipes using spiralizers, Inspiralized, has a great list of the best beginner recipes for the spiralizer. [ ] Reply.

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Best Spiralizer Recipes. This board features healthy Spiralizer recipes from Kalyn's Kitchen and my favorite food blogs around the web.

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