

# Yoga For Body, Breath, And Mind: A Guide To Personal Reintegration By A.G. Mohan

By A.G. Mohan

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A.G. Mohan, Tirumalai Krishnamacharya Yoga for Body, Breath, and Mind: A Guide to Personal Reintegration Language: English Pages: 240 Publisher: Shambhala; Reissue

A. G. Mohan (born 1945) is a In the foreword to Yoga for Body, Breath, and Mind, Yoga for Body, Breath, and Mind: A Guide to Personal Reintegration. Yoga for Body, Breath, and Mind: A Guide to Personal Reintegration by A.G. Mohan and Tirumalai Krishnamacharya Follow the Journal to learn more about other resources.

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